



# CHINA BY RAIL

Classic Tour | 23 Days | Physical Level 2

Shanghai – Mt. Huang – Tunxi – Changsha – Guilin – Yangshuo – Kunming –  
Lijiang – Dali – Chengdu – Xian – Beijing

Embark on a modern odyssey across China, by bullet train! Mixing urban charm with natural grandeur, watch the world go by as you journey through China's cities, countryside and most iconic sights.

- Travel on China's fast and efficient fast-train network
- Stay atop the breath-taking Yellow Mountain
- Walk on the Great Wall of China
- Experience the spectacular Terracotta Warriors
- Relax in the peaceful Yangshuo countryside
- Explore the magnificent Stone Forrest
- Enjoy the panoramas of the Jade Dragon Snow Mountain & Discover the vibrant city of Shanghai.

**TOUR MAP**

**CHINA BY RAIL TOUR INCLUSIONS:**

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escorts (if your group is 10 or more passengers) and Local Guides
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides
- Safe and secure with IATA

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

**CLASSIC TOURS:**

These tours are designed for those who wish to see the iconic sites and magnificent treasures of China on an excellent value group tour whilst travelling with like-minded people. The tours are on a fully inclusive basis, so you'll travel with the assurance that all your arrangements are taken care of. You will be accompanied by our dedicated and professional National Escorts and local guides, whose unparalleled knowledge will turn your holiday into an unforgettable experience.

## PHYSICAL LEVEL 2:

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All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'China by Rail is rated as a physical level 2 tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches and boats, walking around the sights and climbing some steps.

- At Mt. Huang, you will spend 2-4 hours walking on foot including going up and down many steps
- On the Great Wall of China, you may be walking on steep ground
- You will be required to get on and off varying sizes of boats without assistance during the tour
- You will be at higher altitude at Jade Dragon Snow Mountain

This tour has been carefully designed to minimise the effects of Altitude Sickness whilst in **Lijiang**. Please be prepared for mild symptoms of Altitude Mountain Sickness (AMS) which include dizziness, fatigue, nausea, loss of appetite, breathlessness, headache, and disturbed sleep. These usually develop over the first 36 hours at altitude and not immediately on arrival. AMS symptoms are experienced by people of varying ages and levels of fitness, and usually the symptoms will subside after a day or so. If symptoms worsen, you should seek medical advice and descend in altitude immediately. The following precautions may help to prevent or lessen the effects of AMS:

- Since fluid loss usually accompanies the acclimatisation process, drink plenty of fluids (3 - 4 litres daily at least) and eat carbohydrate food to keep the body properly hydrated
- Do not overexert and only partake in light activity immediately after your arrival
- Don't smoke, drink alcohol, or take other depressants such as tranquilisers and sleeping pills, as these depress the respiratory drive and reduce oxygen intake.
- Assume any sickness at high altitude is AMS until proven otherwise
- Never ascend to higher altitudes while showing symptoms of AMS
- You must report any symptoms of AMS immediately to your National Guide

Of course, our National Escort and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

### JOINING YOUR TOUR:

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The tour is 23 days in duration including international flights or 21 days in duration based on 'Land Only'. Join the tour on Day 2 in Shanghai and end the tour on Day 22 in Beijing.

Travellers booked on 'Land Only', the price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour, or when booking pre and post night accommodation with Wendy Wu Tours.

### ITINERARY CHANGES:

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It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate; in these circumstances we will make the best possible arrangements whilst maintaining the integrity of your trip.



**DETAILED ITINERARY****Days 1-2: Fly overnight to Shanghai**

Meals: D

On arrival in Shanghai Pudong or Shanghai Hongqiao Airport, you will be met in the arrival hall by your local guide and/or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will transfer for approximately 1 hour to your hotel.

Early check-in is not included. Additional nights before and after your tour can be arranged. Please contact our Reservations team to book.

An informal Welcome Dinner will be held on Day 2. If you miss this due to your arrival time, all information will be provided to you at breakfast the following morning.

**Destination Information**

**Shanghai** – Once known as the ‘Paris of the East’, Shanghai is now one of Asia’s most influential cities. Prior to communist arrival in 1949, Shanghai was a city with European-style mansions and was the most important trading port in Asia. Today it presents a blend of cultures; the modern and the traditional, along with the occidental and oriental. Modern skyscrapers intermingle with 1920s ‘shikumen’ buildings. This combination is what attracts millions of visitors each year.

**Day 3: Shanghai**

Meals: B, L, D

Today’s explorations include the peaceful Yu Garden and the atmospheric alleys of the old town. Admire the magnificent colonial architecture along the Huangpu River with a stroll along the Bund before visiting a silk factory. Also enjoy a trip on the super-fast Maglev train, which reaches top speeds of 431 km/h. Sightseeing today involves a full day of touring around the centre of the city with 3-4 hours on foot.



Later, cruise on the mighty Huangpu River for stunning views of the Shanghai skyline. Dine tonight on traditional Shanghainese cuisine.

**Destination Information**

**Old Town** – The old town of Shanghai, where cobbled streets are lined with traditional shops selling herbal medicines, handicrafts, Chinese tea and a variety of tantalising snacks, is the original centre of Shanghai and for decades was the seat of Chinese authority in Shanghai.

**Yu Gardens** – The Yu Gardens is seen as one of the most perfect examples of Chinese garden style. Built by the Ming-era governor, Pan Yunduan, as a retirement gift for his father, the Yu Gardens is home to exquisite jade rock, koi-filled ponds and stunning, tranquil pavilions.

**Huangpu River Cruise** – There is no better way to see the juxtaposition of eras in Shanghai's history than by taking a cruise on the Huangpu River. At night, the dazzling colours and lights from Pudong shine bright onto the more modest twilight of the Bund.

**The Bund** – Recognised as Shanghai's former 'Wall Street', the Bund is home to an impressive collection of buildings from the early trade houses of the 1850s to the glamorous Art Deco modernism of the 1920s. Originally the home of the foreign population of Shanghai, the Bund's architecture has inherited much western influence and is a stark contrast to the Pudong skyline, sitting across the Huangpu River.

**Silk Factory** – The Silk Factory is an educational journey through the production of silk, one of China's most famous and luxurious materials. Learn about the use of silkworms and silk moths in its production; the manufacturing process; as well as silk's journey along the Silk Road which brought this product across Asia and Europe.

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**Day 4: Shanghai – Tunxi – Yellow Mountain**

Meals: B, L, D

Board a bullet train from Shanghai to the old trading town of Tunxi. Your journey will take approximately 3 hours. Then, take an 8–10-minute cable car to the summit of Mount Huang, more commonly known as Yellow Mountain, the loveliest mountain in China. On your way up, enjoy views of the oddly shaped peaks, rock formations, thousand-year-old pine trees and ever-changing mist. Spend 2-3 hours on foot including stairs exploring the scenic area including Begin-to-Believe Peak and Lion Peak.



*Please note you will need to carry your own luggage on and off the train. We recommend packing an overnight bag for your one-night stay at Mount Huang. Your luggage will be stored in Tunxi.*

**Destination Information**

**Mount Huang** – Often referred to as Yellow Mountain, Mt Huang or 'Huangshan' has played an important role in the history of art and literature in China since the Tang Dynasty. A legend dated from the year 747 described the mountain as a place of discovery of the elixir of immortality.

**Lion Peak** – Nestled within China's renowned Huangshan (Yellow Mountain) range, this distinctive rock formation resembles a crouching lion and is celebrated for its breathtaking vistas of the surrounding landscapes, including the iconic sea of clouds.

**Begin-to-Believe Peak** – Also known as Shixin Peak, it derives its name from the awe-inspiring vistas it offers, where visitors begin to believe in the enchanting beauty of Huangshan's landscapes.

**Day 5: Yellow Mountain – Tunxi**

Meals: B, L, D

This morning, rise early to watch the sunrise and see the yellow-tinted granite mountains light up. Continue exploring by foot including stairs approximately 3-4 hours visiting more stunning notable attractions such as Dispelling Cloud Pavilion and Flying-over Rock. Board the scenic cable car journey down back towards Tunxi. This afternoon enjoy a leisurely stroll through the ancient town of Tunxi, home to the best-preserved old street in China boasting styles from the Southern Song Dynasty, Ming and Qing dynasties.

**Destination Information**

**Dispelling Cloud Pavilion** – Located on Bright Summit Peak, one of the mountain's major peaks, it offers visitors breathtaking panoramic views of the surrounding landscape. The name "Dispelling Cloud Pavilion" reflects its location above the clouds, and it's a popular spot for tourists to witness the sunrise and enjoy the spectacular sea of clouds.

**Flying-Over Rock** – an iconic rock formation on Huangshan. This peculiar rock resembles a stone bridge or arch suspended in the air, seemingly defying gravity.

**Tunxi Ancient Street** – Well located in the centre of Tunxi District of Huangshan City. With about 630 years' history, Tunxi Ancient Street is the best preserved old street in China in the style of the Southern Song Dynasty, Ming and Qing Dynasties.

**Day 6: Tunxi – Changsha**

Meals: B, L, D

Journey 4 hours by bullet train to Changsha, a vibrant metropolis steeped in history. Explore Orange Island, a picturesque island home to the 32-metre statue of Mao Zedong and lush gardens. Tonight, there will be a walking tour of Changsha's lively night market. Sightseeing today will be approximately 2-3 hours on foot.

**Destination Information**

**Changsha** - With its modern skyline, historical landmarks like Yuelu Mountain and Orange Isle, and a thriving culinary scene featuring spicy Hunan cuisine, Changsha offers a perfect blend of ancient charm and contemporary allure.

**Orange Island** – Situated in the heart of Changsha, Orange Island is a picturesque island renowned for its natural beauty and historical significance. This elongated island stretches along the Xiangjiang River, offering panoramic views of the surrounding landscape. Lush greenery, blooming flowers, and serene walking paths make it a popular destination for leisurely strolls and outdoor activities.

The island is also home to several cultural landmarks, including the renowned 32-metre statue of Mao Zedong, which stands tall as a tribute to the leader's connection to the region.

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**Day 7: Changsha – Guilin**

Meals: B, L, D

This morning you will visit the Yuelu Academy, home to valuable collections, ancient books, and cultural relics that offer a glimpse into China's scholarly traditions and intellectual heritage. Then board a 4-hour bullet train to the city of Guilin.



*Please note you will need to carry your own luggage on and off the train.*

**Destination Information**

**Yuelu Academy** – A prestigious educational institution with a profound history dating back over a thousand years. Nestled on the slopes of Yuelu Mountain, the academy is not only a symbol of academic excellence but also a place of natural beauty. As one of the four great ancient academies in China, Yuelu Academy has been a center for Confucian studies, attracting scholars and intellectuals throughout history.

**Guilin** – Guilin is one of China's most stunning and panoramic cities and was founded during the reign of the first Chinese empire, the Qin Dynasty. It is renowned for the unique beauty of the mountains that fringe it. Guilin developed as a trading town due to the building of the Ling Canal which links the important Pearl and Yangtze River systems.

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**Day 8: Guilin**

Meals: B, L, D

Embark on a tour to Elephant Trunk Hill, the iconic rock formation resembling an elephant drinking from the Li River. Visit the South China Pearl Factory where you will have the opportunity to buy these precious stones. Later, visit the Sun and Moon Pagodas and the ancient South City Gate then set sail on a serene cruise, navigating the network of canals and walkways of the Two Rivers and Four Lakes. Sightseeing today is approximately 2-3 hours on foot.

**Destination Information**

**Elephant Trunk Hill** – Elephant Trunk Hill, originally called Lishan Mountain, is located in south Guilin at the confluence of the Peach Blossom River and Li River. The hill is cleverly named as it is said that its shape resembles an elephant's trunk drinking up water from the Li River below.



**South China Pearl Factory** – Gain a fascinating insight into the pearling industry of southern China at the South China Pearl Factory, where you have the opportunity to purchase some of these elegant silver jewels.

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**Day 9: Guilin - Yangshuo**

Meals: B, L, D

Take a relaxed 4-hour cruise along the Li River to the charming village of Yangshuo where you will spend 2 nights. Around every river bend is a view to take your breath away as jagged peaks loom over rural scenes of lush greenery, grazing buffalos and local fishermen. These are small cruise boats usually holding approximately 100 passengers, with an enclosed dining area on the lower deck and an open viewing area on the upper deck. Usually the boats depart at 9am, from the dock located a 1-hour drive from your hotel. However, when the river level is low they depart further downstream which would mean a longer drive and an earlier check-out from your hotel.



Disembarking from the cruise, your Local Guide will walk with you to your hotel, approximately a 30-minute walk from the river. There are electric carts offered by private vendors which can be organised at your own cost. In Yangshuo, visit the local markets. In the evening, there is an option to join the Sanjie Liu Night show (at your own expense).

**Destination Information**

**Li River Cruise** – Today you will pass tranquil farming and fishing scenes and picturesque villages as you cruise down the Li River. The main attraction is the stunning limestone karsts that tower above the river creating a magical landscape of mountains and water. The unique and natural beauty of this region has for centuries been an inspiration to Chinese artists and poets alike.

**Yangshuo** – Yangshuo is home to some of the best scenery in the world. This quaint town is renowned for its breathtaking vistas and peaceful country life. Surrounded by stark karst peaks and attractively located on the Li River, Yangshuo, alongside Guilin, prides itself in being the most sought-after beauty spots in China.

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**Day 10: Yangshuo – Guilin – Kunming**

Meals: B, L, D

Drive 1 hour to Guilin train station and board a bullet train to Kunming, China's 'Spring City'. Journey time onboard is approximately 5 hours and 30 minutes.

*Please note you will need to carry your own luggage on and off the train.*



### Destination Information

**Kunming** – Nicknamed China’s ‘Spring City’ due to its temperate weather, Kunming is the capital of Yunnan Province. Kunming has long played an important city for trade due to its significant location on the borders of Southeast Asia.

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**Day 11: Kunming**

Meals: B, L, D

Drive 1 and a half hours to the Stone Forest and spend the morning exploring the unusual limestone rock formations of the Kunming Stone Forest. This involves around 2 and a half hours walking along cobblestone paths to view the maze of rock pinnacles, lake and ponds. After lunch, you will drive back to Kunming for an afternoon at leisure. In the evening, dine on the local delicacy of Across the Bridge noodles. There is an optional Yunnan Impressions show (at your own expense).



*Please note you will need to carry your own luggage on and off the train.*

### Destination Information

**Kunming Stone Forest** – Located 120km southeast of Kunming, the Stone Forest consists of thousands of narrow, fantastically shaped pillars of rock, scattered over an area of more than 80 hectares. The park is designed so that you can follow a walkway through the formations of water pools and grey pinnacles, the tallest of which is over 30m high. See if you can find the following formations for yourself – Everlasting Fungus, Baby Buffalo, Moon Grazing Rhino, Sword Pond and Baby Elephant.

**Across the Bridge noodles** – Across the Bridge noodles is a type of rice noodle soup from Yunnan Province served in a broth style. It is usually accompanied by meat, bean curd and vegetables.

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**Day 12: Kunming – Dali**

Meals: B, L, D

Board a 2-hour bullet train to Dali. In Dali, enjoy some light sightseeing around Dali’s Old Quarter and the symmetrical Three Pagodas. This evening, take a stroll round lively Foreigner’s Street.



*Please note you will need to carry your own luggage on and off the train.*

### Destination Information

**Dali** – Sandwiched between the Jade Green Mountains and serene Erhu Lake, Dali is naturally striking in its setting. Mainly a base for the Bai people, Dali has played an important role in the history of south China and was once a post on the old Burma Road.

**Three Pagodas** – Presented in a perfect triangle, the Three Pagodas date back to the 9th century and were built under the Nanzhao State. Made of brick and white mud, the Pagodas are known for their resilience, having survived many natural disasters, including earthquakes.

**Foreigners Street** – Popular with the foreign backpack community, Dali's Foreigners Street is lined with market stalls selling items from the Bai people, beautiful fabrics and delicious 'small eats' snacks.

**Day 13: Dali**

Meals: B, L, D

Head over to Village to explore the local wares at the market, as well as the iconic Yan Family house. Later, take a cruise on tranquil Erhai Lake. You will be required to get on and off the boat here. Visit the Golden Flower Tie Dye shop and explore Dali's quaint old quarter. Sightseeing today is relaxed, involving approximately 3 hours on foot.



### Destination Information

**Xizhou Village** – Xizhou Village was once a military stronghold and flourished during the Ming Dynasty. Surrounded by rice paddies and shadowed by Cangshan Mountain, Xizhou is not only famous historically but is a great place to shop and browse for Bai minority people wares and delicious fares.

**Yan Family House** – Previously owned by a famous local merchant, Yan Family House is now a museum of a traditional Bai ethnic house well-known for its wood carvings, stone sculptures and clay statues.

**Erhai Lake** – The centrepiece of Dali, Erhai Lake is a beautiful oasis of striking blue waters, temple islands and cormorant fishermen. Erhai literally means 'ear sea' and is named so due to the ear shape of the lake. A cruise on the lake is the best way to fully appreciate the natural beauty of the area.

**Day 14: Dali – Lijiang**

Meals: B, L, D

Transfer to the train station this morning to board a 2-hour bullet train to Lijiang, one of Yunnan's most beautiful spots and quintessential Chinese towns. Transfer about 40 minutes to Lijiang Old Quarter and explore the maze of canals and cobbled alleys on foot, admiring the traditional architecture.

**Daytime altitude** - 3,200m at Jade Dragon Snow Mountain

**Overnight altitude** - 2,300m at Lijiang

*Please note you will need to carry your own luggage on and off the train.*

**Destination Information**

**Lijiang** – A beautiful tapestry of cobbled streets, rickety wooden buildings and sultry streams, Lijiang is a vision of idyllic wonder; a great place to just take a stroll and soak up the atmosphere.

**Day 15: Lijiang**

Meals: B, L, D

A magnificent mountain massif, the Jade Dragon Snow Mountain incorporates several peaks, the tallest of which is 5,500m. Visiting Jade Dragon Snow Mountain is very popular with travellers to this area, so to avoid the large crowds of people queuing at the same time, the local Government's tourist authority allocates times to each group. The bus will drive to the base of the mountain where you will take a cable car and explore one of the beautiful high meadows and enjoy the amazing vistas. From the cable car, there is a wooden pathway to the meadow; this walking route takes approximately 20 minutes. Descend by chairlift to re-board the bus. You may reach a maximum altitude of 3250M during your time on Jade Dragon Snow Mountain. Later, take a leisurely visit to Baisha Old Town to view the fascinating murals painted during the early Ming Dynasty. There are ruthless souvenir sellers near the bus park so be firm to avoid any hassle.

**Overnight altitude** - 2,300m at Lijiang

*Please note that this section of the itinerary is subject to change at late notice. Your local guide will keep you informed of any changes as they are made aware of them.*

**Destination Information**

**Jade Dragon Snow Mountain** – Jade Dragon Snow Mountain is known for its mysterious ambience and snow-covered peaks and is considered the Holy Mountain amongst the Naxi ethnic group and other ethnic minorities in Lijiang. Popular for hiking, mountaineering, botanising and skiing, Jade Dragon Snow Mountain attracts thousands of visitors every year who enjoy exploring its lofty peaks.



**Baisha Old Town and Frescoes** – Once the capital of the Naxi minority group, the Baisha Old Town is home to typical Naxi architecture and a great place to see the Naxi people going about their daily lives. The Baisha Frescoes date back to the early Ming Dynasty and are made up of 44 pieces. Most of the paintings depict religious stories from Taoism and Buddhism.

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**Day 16: Lijiang – Chengdu**

Meals: B, L, D

This morning is at leisure, before you fly 1 and a half hours to Chengdu, the capital of Sichuan Province. Tonight, an optional Face Changing Show is available (at your own expense).

**Destination Information**

**Chengdu** – China's symbolic western capital and the residence of the country's most lovable black and white bear, Chengdu has an abundance to offer. With a fast-paced economy that is dragging China's west into the 21st century, it is no wonder that Chengdu's appeal is growing year on year. As the gateway into Sichuan Province's large collection of sights, as well as Chengdu being its own trove of historical and cultural treasures, Chengdu is a must-visit on any trip to China.

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**Day 17: Chengdu – Xian**

Meals: B, L, D

Today you will visit China's most famous resident, the Giant Panda. Visit the Panda Conservation Centre and see these lovable creatures in surroundings that mirror their natural habitat. It is not guaranteed that you will be able to see the feeding of the younger pandas, as this only happens at the start and end of each day. Sightseeing involves approximately 1 and a half hours on foot and there are electric carts offered by private vendors that can be organised at your own cost.



Later, journey approximately 4 hours by bullet train to Xian. Tonight, there is an optional night tour of Xian's bright lights (at your own expense).

*Please note you will need to carry your own luggage on and off the train.*

**Destination Information**

**Panda Conservation Centre** – With over 80 pandas holding residence, the Chengdu Panda Research Base is equipped with the latest technology and research materials to gain a further understanding in how we can protect the panda and maintain, if not increase, its numbers.

The park is set up to resemble the mountain and forest regions in north Sichuan, the original home of the Giant Panda, with extensive bamboo trees and large green spaces. Red Pandas, the Giant Panda's lovable cousin, and flamboyant peacocks too roam the park, making for an interesting mix.

**Xian** – Xian has long played a pivotal role in China's extensive history and has been a thriving hub for cultural exchange, economic trade as well as national politics for centuries. Home to some of China's most ancient sights, diverse architecture and delicious fares, Xian is a must-see destination.

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**Day 18: Xian**

Meals: B, L, D

Spend the morning viewing the enigmatic ranks of the life-sized Terracotta Warriors. The Museum of the Terracotta Warriors and Horses is located approximately a 1-hour drive outside of Xian. From the bus park to the museum entrance there is a 15-minute walk. There are electric carts offered by private vendors which can be organised at your own cost. There is no electric cart available for the return from the museum exit to the bus park. Within the museum area the warriors can be seen in three different 'pits', which are active archaeological digs. The site is large and will take about 2 and a half hours to explore.



After this, visit the Xian Art Ceramics and Lacquer Exhibition Workshop to see smaller models of the warriors being made. Later, stroll on the beautifully preserved 14th century city walls that enclose Xian's old town. The local guide will give you time to explore the ancient city walls at your own pace. There are options here to hire a bicycle or an electric cart to drive along the length of the wall. These are offered by private vendors and can be organised at your own expense.

This evening, feast on traditional Shui Jiao dumplings and enjoy a performance of Tang Dynasty dancing.

*Please note: If you wish to undertake a bike ride on the Ancient City Wall, we strongly recommend wearing a helmet.*

**Destination Information**

**Terracotta Warriors** – One of the most significant archaeological discoveries of the 20th century, this unearthed terracotta army is comprised of over 7,000 soldiers, horses and chariots. The army was built in life-sized form by thousands of workers and designed by Emperor Qin Shi Huang to defend himself in the afterlife.

**Xian Art Ceramics and Lacquer Exhibition Workshop** – See smaller versions of the enigmatic Terracotta Warriors being created at the captivating Xian Art Ceramics and Lacquer Exhibition Workshop; even purchase your own portable soldier.

**Ancient city walls** – Dating back to the Ming Dynasty in the 14th century, the Xian ancient city wall is one of the best-preserved urban fortifications in China. The wall's ideal spot and layout gives visitors a bird's eye view over this fantastic city. Follow the locals' example and take a bike ride to get an ever more spectacular experience.

**Tang Dynasty Dancing show** – Xian, previously known as Chang'an, was an important cultural and historical centre in not only China but in the known-world. The Tang Dynasty Dancing show is an exciting exponent of this prosperous society and keeps alive the splendour of the period.

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**Day 19: Xian – Beijing**

Meals: B, L, D

Board your bullet train to Beijing, China's capital. Your train journey will take 4-5 hours. On arrival drive 1 hour to your hotel. The remainder of your afternoon is at leisure.

*Please note you will need to carry your own luggage on and off the train.*

**Destination Information**

**Beijing** – Beijing is the capital of the People's Republic of China. With its unequalled wealth of history, Beijing served as the centre for the many different empires and cultures that ruled China and has been the heart of politics and society throughout its long history. The ancient monuments, the stories of days gone by as well as the dynamic and modern city Beijing has become today, make it a destination not to be missed.

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**Day 20: Beijing**

Meals: B, L, D

Walk across the lengths of Tiananmen Square and into the magnificent Forbidden City. Soak up the harmonious ambience of the Temple of Heaven. In the afternoon, visit the China Railway Museum. You will spend approximately 6 hours sightseeing today, predominately on foot. This evening, savour a delicious Peking duck dinner.



*Please note: The Forbidden City is closed on Mondays. If this day of touring falls on a Monday, your touring in Beijing will be switched around so that the Forbidden City is visited on an alternative day.*

*Please note: In an effort to preserve the Forbidden City, the number of entry tickets per day has been significantly reduced. Whilst every effort will be made to obtain the tickets, should this not be possible, then you will instead visit the Forbidden City from the outside and visit the nearby Prince Kung's Palace Museum.*

### Destination Information

**Tiananmen Square** – Built under the guidance of Chairman Mao Zedong, Tiananmen Square is one of the largest public squares in the world, said to hold a capacity crowd of over one million. It houses not only the Monument to the People’s Heroes, it is also the final resting place of Chairman Mao himself in the Mausoleum of Mao Zedong.

**Forbidden City** – The sacred centre of the Chinese empire for 500 years and home to the Ming and Qing dynasties, the Forbidden City is a vast complex of over 900 buildings and covers an area of 180 acres. Since 1987, the Forbidden City has been a UNESCO World Heritage Site and its palatial architectural style has been an influence on many imperial buildings throughout Asia.

**Temple of Heaven** - Set in a 267-hectare park surrounded by a long wall and with a gate at each compass point, the Temple of Heaven is absolutely unique. It is one of the most perfect examples of Ming architecture, created as a place of worship for the Emperors, who would ask for prosperity, longevity and a good harvest for the people.

**Railway Museum** – Established in 1978, it is mainly responsible for collecting, protecting, displaying, exhibiting, and compiling cultural relics and scientific payoffs in railways.

**Peking Duck** – A favorite of the Emperor’s court and the upper-class elite during the Qing Dynasty (1644-1911), Peking duck quickly spread throughout Chinese society to become a national favorite and a symbol of China.

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### Day 21: Beijing

Meals: B, L, D

Rise early this morning and drive approximately 2 hours northwest of the city to the Juyongguan Pass. Here you can take a walk on the Great Wall of China, appreciating the wall itself and the dramatic scenery. Your visit here involves walking from the bus to the first section. After your group has been given an introduction to the Great Wall’s unique history you will have free time to explore at your own pace.



Later, visit the Jade Factory, and in the afternoon, drive approximately 1 and a half hours to wander around the Summer Palace.

Tonight, there is an optional Acrobat show (at your own expense).

### Destination Information

**Great Wall of China** – Originally built under the first Emperor of China, Qin Shi Huang, The Great Wall of China is the country’s most iconic sight. Snaking through the northern countryside from the Gobi Desert in the west into the Bohai Sea in the east, the Great Wall of China is the longest wall in the world and was used as a fortification against northern nomadic tribes. The current structure dates back to the Ming Dynasty - over 700 years old.



**Summer Palace** – The former holiday retreat of the Qing emperors, the Summer Palace is a stunning example of Chinese garden style. The Summer Palace incorporates the Fengshui notion of ‘Mountain’ and ‘Water’, seen here with tranquil Kunming Lake and magnificent Longevity Hill. A favourite resort of the Empress Dowager Cixi, the Summer Palace is home to a stunning Marble Boat and the Long Corridor, one of the longest outdoor passageways in the world.

**Jade Factory** – Learn about one of China’s most symbolic and important materials: jade, at this comprehensive factory. Learn how to spot real jade, watch artisans at work carving this precious stone, and even buy a piece to take home yourself.

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**Day 22-23: Depart Beijing**

Meals: B

Any time before your flight is at leisure. You will be transferred from your hotel to Beijing Daxing or Beijing Capital Airport, according to the departure time of your international flight.

Late check-out is not included. Additional nights before and after your tour can be arranged. Please contact our Reservations team to book.



## CHINA - TRAVEL INFORMATION

### VISAS:

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China Visas are not required for New Zealand and Australia passport holders for stays 30 days and under. For longer periods in China and/or other passport holders a visa will be required. Full details will be advised by Wendy Wu Tours upon booking.

Please be advised that your passport must have at least six months validity left on it when you arrive back into New Zealand.

Please note the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate; Wendy Wu Tours acts as a third party and has no influence on the process of a visa. Your travel consultant will inform you if any changes are applicable prior to your departure.

### INSURANCE:

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We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original

### GROUP SIZE:

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Most of our groups consist of 10 travellers or more and will be accompanied by both a National Escort and local guides. There will be no more than 28 travellers in each group although you may encounter other Wendy Wu our groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with local guides only.

### EATING IN CHINA:

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Chinese cuisine is one of the most influential, diverse and flavoursome culinary styles in the world with a legacy stretching back thousands of years. Often, you'll find that the local Chinese style is very different from what you're used to at home.

Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China.

Dishes served in restaurants on our tours are varied. Some will be vegetable-based with meat mixed in, and a few will be meat-based. Traditionally, Chinese people cook with a lot of vegetables because meat used to be hard to come by. Dishes often come pre-seasoned with soy sauce or other sauces. Our restaurants are well aware of the western palate – there are plenty of non-spiced options. Most meals are served with plain rice on the side which is intended as an accompaniment to your meal. Unlike the western world, Chinese people do not normally pre-heat their plates and food can be presented at a variety of temperatures, which is a typical Chinese way of doing things.

When eating meals on group tours, you will be seated around a circular table with other tour members. Dishes will be served in the traditional ‘family style’ on a lazy susan; meaning that various dishes will be laid out on a spinning turntable in the centre of the tabletop. These dishes are intended to be shared amongst the group – there is always more than enough to feed everybody. ‘Family style’ means that there is a pair of serving chopsticks for each dish which are used specifically to serve the food (please ask your server if you require a fork or spoon) and everybody will help themselves to all the dishes on the lazy susan. You will have an individual bowl, chopsticks and cup for your own use. Please be courteous and consider your fellow diners; if your favourite dish is on the other side of the table, it will make its way round to you soon! We find our customers really enjoy this sociable style of eating.

Your Guide will do their utmost to cater for any special requests such as gluten free or vegetarian meals, however, people on restricted diets should expect complications. Although most Asian countries are now quite developed, only quite recently have they started to widely accept Western guests. Western food requirements are quite far removed from Asian food requirements, and even medical reasons can be quite difficult to explain. While our ground partners will do everything they can to cater for a wide range of dietary requirements on tour, we ask kindly for your patience and understanding that they cannot always be delivered to the standard you will be used to at home. It is recommended that passengers with food intolerances bring snacks or additional food items with them, especially when travelling further from major cities as not all dietary requests will be met due to the limited foods available. Please read your travel guide which you will receive with your final documents for more information about eating in China. We recommend that when it comes to Chinese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

**PLEASE INFORM US OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS  
AT TIME OF BOOKING**

**PUBLIC HOLIDAYS:**

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If you are travelling within the below Chinese Public Holidays, please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open but may be crowded.

Chinese New Year is on 29 th January 2025 and 17th February 2026. Golden Week public holidays fall annually between 1st – 3rd May and 1st – 7th October.

### DEVELOPMENT IN CHINA:

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Though parts of China match the west in modernity and technological advances, it is important to remember that China is still a developing country and as such, many aspects of tourism in China do not have the solid infrastructure and safety standards as seen here in the west.

### TRANSPORT:

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**Trains:** On this tour, you will take a high-speed “bullet” train journey. You will travel in first-class soft seats with air conditioning. For train journeys you must ensure that you pack liquids, aerosols and gels/lotions in your hand luggage as per recent regulations. Passengers are not allowed to carry any aerosols over 100ml. Passengers are also not allowed to carry flammable gases or liquids including styling gel, compressed air or insecticides; any explosives, magnetised material, knives (including Swiss Army knives), scissors or sharp items (medication is fine). Bag checks are conducted randomly and any of these items may be confiscated before boarding the train (in hand luggage or main luggage). The National Escort will inform you of specific details prior to boarding

**High-Speed Train Facilities:** The first-class seats are in a 2 x 2 seating configuration. Each carriage has a western style toilet. Most seats will have a foldable tray table and power socket for charging your electronic devices. There are dining carts on board if you wish to purchase your own additional food.

**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in China have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road – not just 1-2 kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only. There may be section

**Planes:** Internal flight/s are based on economy class, with reputable airlines. Lithium-Ion batteries, usually used in laptops, cell phones and digital cameras, must be carried in your hand luggage (not in your checked luggage). Portable chargers with a case that does not state the capacity or with a capacity of 160wh and more are not allowed on internal flights at all.

### SOUVENIRS:

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We want to be able to give you an opportunity to buy souvenirs; so, in each city, we will visit a workshop or factory which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places which hold local interest; for example, in Shanghai you will be able to see how silk is created all the way from the silk worm to beautiful garments; and in Xian we will take you to a workshop which creates replicas of the Terracotta Warriors, from tiny little warriors to seven foot behemoths!



We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

#### **TIPPING POLICY:**

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Tipping while on holiday is common in most parts of the world and China is no exception. However, it is not always clear who it is appropriate to tip and how much. Furthermore, travellers may not have the right amounts of cash available at the right time. In order to avoid any inconvenience, Wendy Wu Tours operates a tipping policy where a stated amount is given to your National Escort at the beginning of your tour and tips are disbursed to local guides and drivers throughout your tour. The amount is designed to be at a reasonable level for travellers while being fair to the local people and includes a gratuity for the national escort.

If you are travelling in a smaller group with local guides only, then tipping is paid in each destination. To be fair to the guides we ask for slightly higher amounts per traveller with small groups. Yangtze cruise companies operate a service charge policy, and this is paid separately when boarding the vessel.

We generally find that most customers appreciate the convenience of our tipping policy, but we do recognize that it may not suit everyone. However, as this is a group tour, we ask that everyone follows the same protocol to be fair to other group members and to ensure smooth operation of your tour.

#### **ACCOMMODATION:**

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Your accommodation is selected for convenience of location, comfort, or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between New Zealand and China. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Due to environmental regulations, not all hotels in China provide toiletries in the rooms.

In China, plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

#### **LUGGAGE:**

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All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of 5kg. It is essential that your luggage is lockable. In general, we recommend packing only as much as you can lift as you will need to carry your own luggage on and off trains. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

### EXCHANGING CASH:

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It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Beijing and Shanghai. US Dollars are easily exchanged throughout China and other currencies can generally be exchanged in hotels and airports provided notes are new and undamaged. We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

### PERSONAL EXPENSES AND OPTIONAL TOURINGS:

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Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you.

Optional Tours - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available.

Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

### CLIMBING STEPS:

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Sightseeing at nearly all the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defence against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

### VACCINATIONS AND YOUR HEALTH:

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Wendy Wu does not give specific health advice, but we do recommend you see your doctor at least six weeks prior to travel for advice and to allow time for any necessary vaccinations. Please remember to take your itinerary with you. Safe travel has a comprehensive website that you may also find useful [www.safetravel.govt.nz](http://www.safetravel.govt.nz)

### BEFORE YOU LEAVE:

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We strongly recommend registering your travel plans with [www.safetravel.govt.nz](http://www.safetravel.govt.nz) as in the event of an emergency, New Zealand Consular assistance will be more readily available.

Up until the day you travel, it is vital you keep up to date and familiarised with the entry requirements as these can change at short notice. You are personally responsible for completing any entry forms, conducting any covid tests (if necessary), etc and adhering to countries' specific entry requirements.

You can also access the New Zealand Government's travel advisory service for up-to-date information about your destination on the same website.

#### **AFTER YOUR BOOKING:**

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Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice including a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

Updated: November 2024