



# GEMS OF CHINA

Classic Tour | 17 Days | Physical Level 2

BEIJING – XIAN – CHENGDU – CHONGQING – YANGTZE RIVER CRUISE – YICHANG –  
ZHANGJIAJIE – SHANGHAI

Journey through the ancient, modern and natural gems of China on this diverse tour, where you will enjoy the dramatic landscapes of Zhangjiajie, soak up the scenery on the Yangtze River and be introduced to the nation's favourite bear. Encompassing the classic sites, you will also walk the Great Wall and admire the grand discovery of the great Terracotta Warriors. Walk on the Great Wall of China

- Uncover the ancient treasures of Beijing
- Walk on the Great Wall of China
- Experience the spectacular Terracotta Warriors
- Cruise along the scenic Yangtze River
- Take an exhilarating walk along the world's highest glass bridge in Zhangjiajie
- Enjoy the vibrant city of Shanghai

**TOUR MAP****GEMS OF CHINA TOUR INCLUSIONS:**

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escort (if your group is 10 or more passengers) and Local Guides
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides
- Safe and secure with IATA

*The only thing you may have to pay for is personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.*

### CLASSIC TOURS:

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These tours are designed for those who wish to see the iconic sites and magnificent treasures of China on an excellent value group tour whilst travelling with like-minded people. The tours are on a fully inclusive basis so you'll travel with the assurance that all your arrangements are taken care of.

You will be accompanied by our dedicated and professional National Escorts and local guides, whose unparalleled knowledge will turn your holiday into an unforgettable experience.

### PHYSICAL LEVEL 2:

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All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'Gems of China' is rated as a **physical level 2** tour. A reasonable level of fitness is required but it is more about spending time on your feet rather than covering large distances. You will be getting on and off coaches and boats, walking around the sights and climbing some steps.

- On several days there will be sightseeing on foot for extended periods of time
- On the Great Wall of China in Beijing, some of the walking may be at more of an incline
- On the Yangtze River Cruise and the day trips arranged from onboard, you will be required to get on and off boats without assistance
- In Zhangjiajie there are periods of walking up and down stone steps and walkways as well as walking across a glass bridge, getting on and off escalators and in and out of cable cars

Of course, our National Escort and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

### JOINING YOUR TOUR:

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The tour is 17 days in duration including international flights. Please note that due to flight schedules you may arrive/depart on Day 2.

Travellers booked on 'Land Only, the price includes visa fees and your arrival/ departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please email your international flight times to [info@wendywutours.co.nz](mailto:info@wendywutours.co.nz) so we can arrange your transfers accordingly.

Join the tour on Day 2 in Beijing and end the tour on Day 16 in Shanghai. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

### ITINERARY CHANGES:

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It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate; in these circumstances we will make the best possible arrangements whilst maintaining the integrity of your trip.

## DETAILED ITINERARY

### Days 1-2: Fly to Beijing

Meals: D

On arrival into Beijing Daxing or Beijing Capital Airport, you will be met in the arrival hall by your local guide and/or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will transfer approximately 1 hour to your hotel.

*Early check-in is not included. Additional nights before and after your tour can be arranged. Please contact our Reservations team to book.*



An informal Welcome Dinner will be held on Day 2. Late arrivals will receive a box dinner.

### Destination Information

**Beijing** – Beijing is the capital of the People’s Republic of China. With its unequalled wealth of history, Beijing served as the centre for the many different empires and cultures that ruled China and has been the heart of politics and society throughout its long history. The ancient monuments, the stories of days gone by as well as the dynamic and modern city Beijing has become today, make it a destination not to be missed.

### Day 3: Beijing

Meals: B, L, D

Walk through Tiananmen Square and into the magnificent Forbidden City. Sightseeing at Tiananmen Square and the Forbidden City will involve approximately 3-4 hours on foot. Enjoy a leisurely stroll in the warren-like hutongs where you will meet a local family.

Later, soak up the harmonious ambience of the Temple of Heaven, an orderly oasis in a bustling urban landscape, before enjoying a traditional Peking duck dinner.



*Please note: The Forbidden City is closed on Mondays. If this day of touring falls on a Monday, your touring in Beijing will be switched round so that the Forbidden City is visited on an alternative day.*

*In an effort to preserve the Forbidden City, the number of entry tickets has been significantly reduced. Whilst every effort will be made to get the tickets, should this not be possible, then you will instead visit the Forbidden City from the outside and visit the nearby Prince Kung’s Palace Museum.*

## Destination Information

**Tiananmen Square** – Built under the guidance of Chairman Mao Zedong, Tiananmen Square is one of the largest public squares in the world, said to hold a capacity crowd of over one million. It houses not only the Monument to the People's Heroes, it is also the final resting place of Chairman Mao himself in the Mausoleum of Mao Zedong.

**Forbidden City** – The sacred centre of the Chinese empire for 500 years and home to the Ming and Qing dynasties, the Forbidden City is a vast complex of over 900 buildings and covers an area of 180 acres. Since 1987, the Forbidden City has been a UNESCO World Heritage Site and its palatial architectural style has been an influence on many imperial buildings throughout Asia.

**Hutongs** – The Mongol rulers of Beijing established this style of housing in the 13th century as tenancy for the growing population of the city. Hutongs were designed to reflect the Chinese system of Feng Shui with 4 hutongs joining together to make a courtyard in the middle, known as Siheyuan.

**Temple of Heaven** – Set in a 267-hectare park surrounded by a long wall and with a gate at each compass point, the Temple of Heaven is absolutely unique. It is one of the most perfect examples of Ming architecture, created as a place of worship for the Emperors, who would ask for prosperity, longevity and good harvest for the people.

**Peking Duck** – A favourite of the Emperor's court and the upper-class elite during the Qing Dynasty (1644-1911), Peking duck quickly spread throughout Chinese society to become a national favourite and a symbol of China.

**Day 4: Beijing**

Meals: B, L, D

Rise early this morning to avoid the crowds and drive approximately 2 hours northwest of the city to the Juyongguan Pass to take a walk on the Great Wall of China, appreciating the wall itself and the dramatic scenery. Your visit involves walking from the bus to the first section. Once your group has been given an introduction to the Great Wall's unique history you will have free time to explore the rest at your own pace.



Later, visit the Jade Factory where there will be an opportunity to buy your own handcrafted piece, before strolling through the exquisite Summer Palace. Here, you can enjoy a leisurely afternoon wandering through the idyllic gardens of the Summer Palace and its myriad of temples and bridges, taking time to admire the exquisite Chinese landscapes and architecture.

*Tonight, there is an optional tour (time permitting, payable locally) of the Beijing Acrobat Show.*

### Destination Information

**Great Wall of China** – Originally built under the first Emperor of China, Qin Shi Huang, The Great Wall of China is the country's most iconic sight. Snaking through the northern countryside from the Gobi Desert in the west into the Bohai Sea in the east, the Great Wall of China is the longest wall in the world and was used as a fortification against northern nomadic tribes. The current structure dates back to the Ming Dynasty - over 700 years old.

**Jade Factory** – Learn about one of China's most symbolic and important materials: jade, at this comprehensive factory. Understand how to tell if jade is real or fake and watch artisans at work, carving this emerald stone into works of art.

**Summer Palace** – The former holiday retreat of the Qing emperors, the Summer Palace is a stunning example of Chinese garden style. The Summer Palace incorporates the Fengshui notion of 'Mountain' and 'Water', seen here with tranquil Kunming Lake and magnificent Longevity Hill. A favourite resort of the Empress Dowager Cixi, the Summer Palace is home to a stunning Marble Boat and the Long Corridor, one of the longest outdoor passageways in the world.

**Day 5: Beijing - Xian**

Meals: B, L, D

This morning transfer to the train station and board your bullet train to Xian, with a journey time of 5 hours. Wander through the Muslim Quarter before enjoying a delicious feast of traditional Shui Jiao dumplings and a performance of Tang Dynasty dancing in the evening.



### Destination Information

**Xian** – Xian has long played a pivotal role in China's extensive history and has been a thriving hub for cultural exchange, economic trade as well as national politics for centuries. Home to some of China's most ancient sights, diverse architecture and delicious fares, Xian is a must-see destination.

**Muslim Quarter** – The Muslim Quarter is the hub of Xian's Islamic community and is home to many stalls selling a myriad of snack foods and delightful oriental knick-knacks.

**Tang Dynasty Dancing Show** – Xian, previously known as Chang'an, was an important cultural and historical centre in not only China but in the known-world. The Tang Dynasty dancing show is an exciting exponent of this prosperous society and keeps alive the splendour of this period.

**Day 6: Xian**

Meals: B, L, D

Spend the morning viewing the enigmatic ranks of the life size Terracotta Warriors. The Museum of the Terracotta Warriors and Horses is located approximately a 1-hour drive outside of Xian. From the bus park to the museum entrance there is a 15-minute walk. There are electric carts offered by private vendors which can be organised at your own expense. There is no electric cart available for the return from the museum exit to the bus park. Within the museum area the warriors can be seen in three different 'pits', which are active archaeological digs. The site is large and will take about 2 and a half hours to explore.



After this, visit the Xian Art Ceramics and Lacquer Exhibition Workshop to see smaller models of the warriors being made. Later, stroll on the beautifully preserved 14th century city walls that enclose Xian's old town. The local guide will give you time to explore the ancient city walls at your own pace. There are options here to hire a bicycle or an electric cart to drive along the length of the wall. These are offered by private vendors and can be organised at your own expense.

*Tonight, there is an optional tour (time permitting, payable locally) of the Tang Ever-bright City Night, which vividly showcases the Tang culture through exciting illuminations and immersive experiences and performances.*

*Please note: If you wish to undertake a bike ride on the Ancient City Wall, we strongly recommend wearing a helmet.*

### **Destination Information**

**Terracotta Warriors** – One of the most significant archaeological discoveries of the 20th century, this subterranean necropolis is comprised of over 7,000 soldiers, horses and chariots. The army was built in life-sized form by thousands of workers for the first Emperor of China, Qin Shi Huang, who felt he needed military protection in the afterlife.

**Xian Art Ceramics and Lacquer Exhibition Workshop** – See smaller versions of the enigmatic Terracotta Warriors being created at the captivating Xian Art Ceramics and Lacquer Exhibition Workshop; even purchase your own portable soldier.

**Ancient city walls** – Dating back to the Ming Dynasty in the 14<sup>th</sup> century, the Xian ancient city wall is one of the best-preserved urban fortifications in China. The wall's ideal spot and layout gives visitors a bird's eye view over this fantastic city. Follow the locals' example and take a bike to get an ever more spectacular experience.

**Day 7: Xian - Chengdu**

Meals: B, L, D

This morning travel by bullet train to Chengdu, a journey of 3 hours and 40 minutes. Wander through the vibrant People's Park to see the fascinating Matchmaker's Corner, where parents search for suitable partners for their children.

**Destination Information**

**Chengdu** – China's symbolic western capital and the residence of the country's most lovable black and white bear, Chengdu has an abundance to offer. With a fast-paced economy which is dragging China's west into the 21st century, it is no wonder that Chengdu's appeal is growing year on year. As the gateway into Sichuan Province's large collection of sights, as well as Chengdu being its own trove of historical and cultural treasures, Chengdu is a must-visit on any trip to China.

**People's Park** – People's Park is a pleasant respite from urban Chengdu. Here you can see beautiful golden koi, locals dancing and practicing tai chi, and most interesting of all, Matchmaker's Corner, where parents search for suitable boyfriends or girlfriends for their children.

**Day 8: Chengdu – Yangtze River Cruise**

Meals: B, L, D

Today you will visit China's most famous resident, the Giant Panda. Visit the Panda Conservation Centre where you can learn about China's celebrated bear. See these lovable creatures in surroundings that mirror their natural habitat.



It is not guaranteed that you will be able to see the feeding of the younger pandas, as this only happens at the start and end of each day. Sightseeing involves approximately 1 and a half hours on foot and there are electric carts offered by private vendors that can be organised at your own cost.

Later, drive to Chongqing, and board your Yangtze River Cruise, where you will stay for the next three nights.

*The Yangtze River cruise section of your itinerary will not be confirmed by the cruise operators until after you commence your tour as it is subject to local river conditions and water levels. Your local guide will do their utmost to keep you informed of any changes but cannot guarantee against delays or – in rare cases – cancellations of sections of your itinerary. Shore excursions are subject to change depending on local conditions. A detailed itinerary will be handed out on the vessel each day.*

*If you do not wish to take part in a shore excursion but you still wish to disembark the cruise ship, there is a mandatory port tax which must be paid by each customer. The port tax amount is approx. USD20-*



*USD30 per person; however, this amount can vary and for security reasons, it is not always possible to disembark at all ports of call. Please be aware that there are a number of steps involved in embarking and disembarking your Yangtze River Cruise Ship, particularly during low tide. If you think this may be an issue, please inform us in advance.*

*There are amenities packages, deck and cabin upgrades available to pre-book – please enquire with our Reservations team.*

*Please be aware that there are a number of steps involved in embarking and disembarking your Yangtze River Cruise Ship, particularly during low tide. If you think this may be an issue, please inform us in advance.*

### **Destination Information**

**Panda Conservation Centre** – The Chengdu Panda Research Base is equipped with the latest technology and research materials to gain a further understanding in how we can protect the panda and maintain, if not increase, its numbers. The park is set up to resemble the mountain and forest regions in north Sichuan, the original home of the Giant Panda, with extensive bamboo trees and large green spaces. Red Pandas, the Giant Panda’s lovable cousin, and flamboyant peacocks too roam the park, making for an interesting mix.

**Yangtze River** – One of the world’s great and legendary waterways, this 6,300 kilometre river has its origins high up in the snow-covered mountains of Tanggula, in the southwestern Qinghai Tibet Plateau, and runs into the ocean in Shanghai. It is estimated that the banks of this river are home to almost a third of China’s population.

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### **Day 9: Yangtze River Cruise**

Meals: B, L, D

Today visit Mount ShuangGui, also known as “Luming Mountain”. Disembark from the ship to the dock and take a short bus transfer to the area. Sightseeing here involves climbing some steps. You will be off the ship for around 2.5 hours.

*Depending on local river conditions and the cruise programme, you may visit Shibaozhai Temple or Fengdu Ghost City instead.*



### **Destination Information**

**Mount ShuangGui** – A national forest park known for its picturesque scenery and has for centuries been a favorite destination for literati and artists. There are cliff brush writings of calligraphists here from the Song Dynasty to the present day, and pavilions are named for notable historic figures.

**Day 10: Yangtze River Cruise**

Meals: B, L, D

Prepare for breathtaking vistas as the ship passes through Wu and Qutang gorges. Switching to smaller vessels, take a relaxing trip on the Goddess Stream cruising through the beautiful and narrow gorges for approximately 15 kilometres. Many protected species make the stunning peaks their home, including monkeys, mountain goats, deer and wild boar.



*Depending on local conditions, you may travel along the Shennong Stream instead of the Goddess Stream.*

**Destination Information**

**Goddess Stream** – Goddess Stream, also known as ‘Shennü Xi’ in Chinese, flows from the southern bank of the Yangtze opposite Goddess Peak. Once just a stream, the Three Gorges Dam raised the water level to 70-100 metres in depth, depending on the season.

**Day 11: Yangtze River Cruise - Zhangjiajie**

Meals: B, L, D

Visit the Three Gorges Dam, the largest hydroelectric dam in the world. Disembark the ship and drive approximately 20 minutes through the surrounding areas (the coach is not permitted to stop for photos) to the viewing area above the ship locks where you can truly appreciate the scale of this hydroelectric project. There is a small museum and a lookout point here. The sightseeing will involve around 1 hour on foot.



Later, drive 4 hours to Zhangjiajie where you will spend the next three days exploring the mysterious landscapes and remarkable scenery of the UNESCO World Natural Heritage Site, home to over 3,000 striking sandstone pillars amongst the deep valleys, caves and forests.

**Destination Information**

**Zhangjiajie** – A scenic area of over 3,000 sandstone pillars, rising from misty folds of subtropical forest and cloaked in vibrant green vegetation, Zhangjiajie’s striking beauty is unforgettable.

**Day 12: Zhangjiajie**

Meals: B, L, D

Enjoy a full day of exploring Zhangjiajie National Park. Begin at the Yuanjianie Scenic Area, and ride the remarkable Bailong glass elevator, the highest and fastest outdoor elevator in the world. Embedded into the mountain, the elevator soars up the mountain side to a towering height of 326 metres in as little as two minutes! This impressive elevator will transport you to Mihun Stage, where you will enjoy amazing views of the majestic peaks, including the 'First Bridge under the Sun' and Hallelujah Mountain.



Continue to Emperor Mountain to visit Helong Park before taking a cable car down. Explore Jinbian Stream and Ten-Mile Natural Gallery then enjoy a scenic sampan cruise on Lake Baofeng, a turquoise expanse of water amongst picturesque karst scenery.

*Sightseeing today will involve around 4-5 hours of walking.*

**Destination Information**

**Yuanjianie Scenic Area** – The area is dotted with stunning limestone karst formations, including natural stone arches and caves, providing ample opportunities for photography and exploration. Wildlife enthusiasts can also encounter a diverse array of flora and fauna, adding to the area's allure as a haven for nature lovers.

**Bailong Elevator** – Also known as the Hundred Dragons Elevator, this architectural marvel holds an impressive three world records: the largest, highest and fastest sightseeing elevator in the world.

**Jinbian Stream** – Called Golden Whip Stream after the 380 metre high Golden Whip Rock, Jinbian Stream is famous for its pristine water, lush mountains, steep cliffs and serene valley. Exotic plants and rare animals co-exist, and the valley in which it lies is known as one of the most beautiful valleys in the world.

**Ten-Mile Natural Gallery** – Ten Mile Natural Gallery is a 5.8 kilometre long valley with picturesque scenery. Peaks on both sides of the valley form natural sculptures.

**Lake Baofeng** – Located up in the mountains, Lake Baofeng is an abundance of fresh water, accompanied by stunning waterfalls.

**Day 13: Zhangjiajie**

Meals: B, L, D

Discover the colourful stalagmites and stalactites of the Huanglong Cave, stretching across 120-acres. Then, brace yourself for an exhilarating walk across Zhangjiajie's Glass Bridge, the world's longest and highest glass-bottomed bridge spanning 430-metres over the Grand Canyon.



Sightseeing today will involve around 3-4 hours of walking.

*This evening, there is an optional Fairy Fox Outdoor Music & Dancing Show (time and weather permitting, payable locally), a musical drama of a Chinese tale told against the stage backdrop of the mountains.*

**Destination Information**

**Huanglong Cave** – The Huanglong Cave is a karst cave stretching over 120 acres in area. Inside the cave there are waterfalls, rivers, pools and lakes.

**Zhangjiajie Grand Canyon** – Located in the Wulingyuan Scenic Area, famed for its breathtaking scenery of towering sandstone pillars, lush forests, and the meandering course of the Li River.

**Zhangjiajie Glass Bridge** – The world's longest and highest glass-bottomed bridge, spanning 430 metres across the Zhangjiajie Grand Canyon.

**Day 14: Zhangjiajie – Shanghai**

Meals: B, L, D

Soar up the heights of Tianmen Mountain in the world's longest cable car, a 7-kilometre journey taking approximately 40-minutes. Atop the mountain, marvel at Tianmen Cave, nicknamed 'Heaven's Door', standing proudly at the top of 999 steep steps. Next, take a thrilling walk along a glass skywalk, aptly named the "Walk of Faith" as though you're walking on air. If time permits, you may also walk across the Cliff-Hanging Walkway or Coiled Dragon Cliff.



Return down the mountain by cable car and transfer to the airport for your 2-hour flight to Shanghai. *Sightseeing today will involve around 3-4 hours of walking.*

*Please note: The 999 step walk up to Tianmen Cave and the glass skywalk is optional. The steps can take around 40 – 60 minutes. Alternatively, there is an escalator on the other side of the mountain leading up to Tianmen Cave. There is also a small platform at the foot of the steps where you can soak up the spectacular views and wait for the group.*

## Destination Information

**Tianmen Mountain** – Regarded as the symbol and soul of Zhangjiajie, Tianmen Mountain is a national forest park bursting with natural beauty. The area is home to breathtaking glass skywalks, the 999-step stairway leading to ‘Heaven’s Door’ and the world’s longest cable car journey.

**Shanghai** – Once known as the ‘Paris of the East’, Shanghai is now one of Asia’s most influential cities. Prior to communist arrival in 1949, Shanghai was a city with European-style mansions and was the most important trading port in Asia. Today it presents a blend of cultures; the modern and the traditional, along with the European and oriental. Modern skyscrapers intermingle with 1920s ‘shikumen’ buildings. This combination is what attracts millions of visitors each year.

**Day 15: Shanghai**

Meals: B, L, D

Shanghai is China’s great metropolis, where east and west collide on streets lined with futuristic skyscrapers and 10th century temples. Today’s explorations include 3-4 hours of sightseeing on foot, visiting the peaceful Yu Gardens and the atmospheric alleys of the old town. Admire the magnificent colonial architecture with a stroll along the historical waterfront Bund, before visiting the Silk Factory. This evening, view the city from the Huangpu River on a panoramic cruise, before sampling some traditional Shanghai cuisine.



*There is an optional visit to the Jin Mao tower and ride on the Maglev train (time permitting, payable locally), or in the evening, there is the option to see the fascinating ERA acrobatic show.*

## Destination Information

**Yu Gardens** – The Yu Gardens is seen as one of the most perfect examples of Chinese garden style. Built by the Ming-era governor, Pan Yunduan, as a retirement gift for his father, the Yu Gardens is home to exquisite jade rock, goldfish-filled ponds and stunning, tranquil pavilions.

**Silk Factory** – The Silk Factory is an educational journey through the production of silk, one of China’s most famous and luxurious materials. Learn about the use of silkworms and silk moths in its production; the manufacturing process; as well as silk’s journey along the Silk Road.

**The Bund** – Recognised as Shanghai’s former ‘Wall Street’, the Bund is home to an impressive collection of buildings from the early trade houses of the 1850s to the glamorous Art Deco modernism of the 1920s. Originally the home of the foreign population of Shanghai, the Bund’s architecture has inherited much western influence and is a stark contrast to the Pudong skyline, sitting across the Huangpu River.

**Huangpu River** – There is no better way to see the juxtaposition of eras than taking a cruise on the Huangpu River. At night, the dazzling lights from Pudong shine bright onto the more modest twilight of the Bund.

**Days 16-17: Depart Shanghai**

Meals: B

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Any time before your flight is at leisure. You will be transferred from your hotel to Shanghai Pudong or Shanghai Hongqiao Airport, according to the departure time of your international flight.

*Late check-out is not included. Additional nights' before and after your tour can be arranged. Please contact our Reservations team to book.*



## CHINA - TRAVEL INFORMATION

### VISAS:

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China Visas are not required for New Zealand and Australia passport holders for stays 30 days and under. For longer periods in China and/or other passport holders a visa will be required. Full details will be advised by Wendy Wu Tours upon booking.

Please be advised that your passport must have at least six months validity left on it when you arrive back into New Zealand.

Please note the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate; Wendy Wu Tours acts as a third party and has no influence on the process of a visa. Your travel consultant will inform you if any changes are applicable prior to your departure.

### INSURANCE:

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We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original

### EATING IN CHINA:

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Chinese cuisine is one of the most influential, diverse and flavoursome culinary styles in the world with a legacy stretching back thousands of years. Often, you'll find that the local Chinese style is very different from what you're used to at home. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China.

Dishes served in restaurants on our tours are varied. Some will be vegetable-based with meat mixed in, and a few will be meat-based. Traditionally, Chinese people cook with a lot of vegetables because meat used to be hard to come by. Dishes often come pre-seasoned with soy sauce or other sauces. Our restaurants are well aware of the western palate – there are plenty of non-spiced options. Most meals are served with plain rice on the side which is intended as an accompaniment to your meal. Unlike the western world, Chinese people do not normally pre-heat their plates and food can be presented at a variety of temperatures, which is a typical Chinese way of doing things.

When eating meals on group tours, you will be seated around a circular table with other tour members. Dishes will be served in the traditional 'family style' on a lazy susan; meaning that various dishes will be laid out on a spinning turntable in the centre of the tabletop. These dishes are intended to be shared amongst the group – there is always more than enough to feed everybody. 'Family style' means that there is a pair of serving chopsticks for each dish which are used specifically to serve the food (please ask your server if you require a fork or spoon) and everybody will help themselves to all the dishes on the lazy susan. You will have an individual bowl, chopsticks and cup for your own use. Please be courteous and consider your fellow diners; if your favourite dish is on the other side of the table, it will make its way round to you soon! We find our customers really enjoy this sociable style of eating.

Your Guide will do their utmost to cater for any special requests such as gluten free or vegetarian meals, however, people on restricted diets should expect complications. Although most Asian countries are now quite developed, only quite recently have they started to widely accept Western guests. Western food requirements are quite far removed from Asian food requirements, and even medical reasons can be quite difficult to explain. While our ground partners will do everything they can to cater for a wide range of dietary requirements on tour, we ask kindly for your patience and understanding that they cannot always be delivered to the standard you will be used to at home. It is recommended that passengers with food intolerances bring snacks or additional food items with them, especially when travelling further from major cities as not all dietary requests will be met due to the limited foods available. Please read your travel guide which you will receive with your final documents for more information about eating in China. We recommend that when it comes to Chinese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

**PLEASE INFORM US OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS  
AT TIME OF BOOKING**

**PUBLIC HOLIDAYS:**

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If you are travelling within the below Chinese Public Holidays, please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open but may be crowded. Chinese New Year is on 29 th January 2025 and 17th February 2026. Golden Week public holidays fall annually between 1st – 3rd May and 1st – 7th October.

**DEVELOPMENT IN CHINA:**

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Though parts of China match the west in modernity and technological advances, it is important to remember that China is still a developing country and as such, many aspects of tourism in China do not have the solid infrastructure and safety standards as seen here in the west.



## TRANSPORT:

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**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in China have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road – not just 1-2 kilometres as you may be use to. For this reason, the timings listed in the itinerary are approximations only. There may be sections of road where the surface is comparatively bumpy, but our drivers will do their utmost to lessen the impact.

**Planes:** Internal flights are based on economy class, with reputable airlines. Internal flights during your tour are arranged locally, so you will not be given a ticket until your guide helps you check in.

**Bullet trains:** On this tour, you will take a high-speed train journey. You will travel in second-class soft seats with air conditioning. For train journeys you must ensure that you pack liquids, aerosols and gels/lotions in your hand luggage as per recent regulations. Passengers are not allowed to carry any aerosols over 100ml. Passengers are also not allowed to carry flammable gases or liquids including styling gel, compressed air or insecticides; any explosives, magnetised material, knives (including Swiss Army knives), scissors or sharp items (medication is fine). Bag checks are conducted randomly and any of these items may be confiscated before boarding the train (in hand luggage or main luggage). The National Escort will inform you of specific details prior to boarding.

**Cruise Vessels:** Included is a cruise on the Yangtze River. Your cabin will have a private bathroom and balcony. Due to tightened security process for luggage upon cruise disembarkation in Yichang, the Transport Authority has imposed a fee of RMB25 per main luggage item. Wendy Wu tours will cover the cost of one main luggage item per person. If you have additional items (excluding hand luggage) you will need to cover the cost yourself locally – RMB25 per item.

## TIPPING POLICY:

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Tipping while on holiday is common in most parts of the world and China is no exception. However, it is not always clear who it is appropriate to tip and how much. Furthermore, travellers may not have the right amounts of cash available at the right time. In order to avoid any inconvenience, Wendy Wu Tours operates a tipping policy where a stated amount is given to your National Escort at the beginning of your tour and tips are disbursed to local guides and drivers throughout your tour. The amount is designed to be at a reasonable level for travellers while being fair to the local people and includes a gratuity for the national escort.

If you are travelling in a smaller group with local guides only, then tipping is paid in each destination. To be fair to the guides we ask for slightly higher amounts per traveller with small groups. Yangtze cruise companies operate a service charge policy, and this is paid separately when boarding the vessel.

We generally find that most customers appreciate the convenience of our tipping policy, but we do recognize that it may not suit everyone. However, as this is a group tour, we ask that everyone follows the same protocol to be fair to other group members and to ensure smooth operation of your tour.

### **ACCOMMODATION:**

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Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town.

In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between New Zealand and China. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone.

In China, plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

### **PORTERAGE:**

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Please be aware that porterage is not included on our tours in China. You will therefore need to be able to handle your own luggage within the hotel and when using transportation like trains and coaches.

### **LUGGAGE:**

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All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

### **EXCHANGING CASH:**

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It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Beijing and Shanghai. US Dollars are easily exchanged throughout China and other currencies can generally be exchanged in hotels and airports provided notes are new and undamaged. We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

### **PERSONAL EXPENSES AND OPTIONAL TOURINGS:**

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Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you.

Optional Tours - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available.

Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

### CLIMBING STEPS:

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Sightseeing at nearly all the palaces, fortresses and some temples involves climbing quite a number of steps.

These palaces were built to provide defence against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully

### VACCINATIONS AND YOUR HEALTH:

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We recommend that you contact either your Doctor or Health centre for advice on vaccinations and travel health. Safetravel has a comprehensive website that you may also find useful [www.safetravel.govt.nz](http://www.safetravel.govt.nz)

### BEFORE YOU LEAVE:

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We strongly recommend registering your travel plans with [www.safetravel.govt.nz](http://www.safetravel.govt.nz) as in the event of an emergency, New Zealand Consular assistance will be more readily available.

Up until the day you travel, it is vital you keep up to date and familiarised with the entry requirements as these can change at short notice. You are personally responsible for completing any entry forms, conducting any covid tests (if necessary), etc and adhering to countries' specific entry requirements.

You can also access the New Zealand Government's travel advisory service for up-to-date information about your destination on the same website.

**AFTER YOUR BOOKING:**

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Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice including a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

Updated: November 2024